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"VEPP – Part III: Wagon Wheel Drills"
David Alciatore, PhD ("Dr. Dave")

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This is my third article based on the "The Video Encyclopedia of Pool Practice (VEPP)" a five-disc instructional DVD series I recently created with fellow BD columnist Bob Jewett. VEPP is an organized and methodical training program and pool workout. It teaches you how to develop, assess, and track progress of skills for all aspects of your game. An outline of the entire VEPP series and video excerpts from each DVD can be viewed online at dr-dave-billiards.com/vepp. In the last couple of articles, I introduced the series and covered some fundamentals and draw shot drills from the first disc. This month, we'll look at a useful "wagon wheel" drill from Disc II: "VEPP II – Position Control and English."

"Wagon wheel" drills are very useful to help you practice and develop cue ball (CB) control skills. Diagram 1 illustrates a common example. The name comes from the fact that, for a given shot, the CB can be controlled to radiate out in a wide range of directions like spokes on a wagon wheel. Ted Bowen was the first billiards author to use the "wagon wheel" phrase. The goal of the drill in the diagram is to pocket the object ball (OB) and control the CB direction and speed to gently hit each of the target balls (balls 1 through 11) taking the rails. You have CB in hand for each target so you can create different cut angles. One way to practice is take as many attempts as necessary to hit each target. Alternatively, you can score the drill by giving yourself up to three attempts at each target. You get 3 points for success on the 1st attempt; otherwise, you get 2 points for the 2nd or 1 for the 3rd. NV C.5 demonstrates the entire drill and suggests various techniques and approaches that can help you improve your CB control.

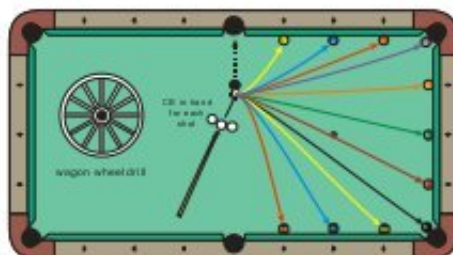


Diagram 1: Wagon wheel drill

With the first two target balls (1 and 2), you need to use a fairly full hit with a rolling CB, varying the cut angle slightly for each ball. There is actually a system you can use to help decide where to place the CB to achieve the desired CB direction. It is called the 3X system and states that for a fairly full hit (> 50% ball hit), the

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